

The 12 Do's of Christmas

PLANET ARK

'Tis the season to commit to reduce, reuse and recycle

1 Buy good quality decorations that can be reused or make your own. I will do this

2 Check that your work Christmas party organiser sets up well-signed recycling options for the event.

3 Find out what your recipients really want, or choose an experience or charity gift.

4 Choose reusable or recyclable wrapping, like paper.

5 Buy secondhand or give gifts made from recycled materials.

6 Prevent food waste – plan ahead and serve smaller portions. Compost or worm farm your food scraps.

7 Most food and drink packaging is recyclable. Sort and flatten it to fit as much as possible in your bin.

8 Recycle old mobile phones, printer cartridges, computers and tablets that get replaced.

9 Give a recharger pack with any battery-operated gifts – it'll save money and reduce the gift's impact.

10 Ensure your car runs efficiently by inflating the tyres and tuning the engine, and recycle your old car oil, tyres and batteries.

11 De-clutter the house - recycle from the yard, garage and attic.

12 See if your council has a special mulching service for live Christmas trees or take it to the garden section of your local recycling facility.

For more information on these recycling tips, to find local options and to reduce your eco footprint this Christmas visit 12dos.planetark.org